West Hull Gymnastics Club is a not-for-profit community gymnastics club offering high quality gymnastics activities with the overall wellbeing of each member in mind. The Club is affiliated to British Gymnastics and abides by all their standards and policies.

We run children’s classes for 5 years upwards in General Gymnastics and, for over 8 years, FreeG (parkour skills); a My Club class for teenagers and an adults’ session which covers both gymnastics and FreeG. Children with potential will be invited for further training to prepare for competition.

All classes include strengthening and flexibility exercises appropriate to the skills being learnt and utilise a range of apparatus.

We aim to offer a personal, friendly Club experience and welcome the involvement of parents as volunteers in all aspects of running the Club. We try to keep prices affordable to ensure the Club is accessible to all.

West Hull also hosts the Special Olympics City of Hull Gymnastics Club, artistic gymnastics for those with an intellectual disability for age 7 years upwards and adults.