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**CODES OF CONDUCT: SUMMARIES**

**WEST HULL GYMNASTICS CLUB** is fully committed to safeguarding and promoting the wellbeing of all members, coaches, officials and parents/guardians. Members should show respect and understanding for the welfare and safety of others at all times. Club associates are expected to uphold the following Codes of Conduct.

**FOR PARENTS/GUARDIANS**

* Never force your child to take part in gymnastics activities or push them to try skills they are not ready for.
* Ensure your child is dressed appropriately for gymnastics activity and has a drink and their shoes with them in the hall.
* Use soft bobbles and hair bands: hard ones will have to be taken off.
* Ensure all jewellery has been taken off or taped over if a new piercing.
* Inform the Club if your child is unable to attend their class or has an injury.
* Encourage your child to learn the rules and participate within them.
* Endeavour to establish good communications with coaches/officials for the benefit of all.
* Endeavour to get along with other parents/guardians.
* Share any concerns about any aspect of the Club or your child’s training with the coach in charge of your child’s class or the Club’s Welfare Officer.
* Do not make disparaging comments about the Club, other gymnasts, the coaches, officials or other parents/guardians on any social media platform.
* Use the Club’s Complaint, Concern or Compliment system to raise issues.
* Use correct and proper language at all times.
* Never punish or belittle your child for poor performance or making mistakes.
* Always drop off and collect your child promptly from the training hall: do not drop them off outside and leave.
* Support your child’s involvement and encourage them to enjoy their gymnastics; it is a tough sport.
* Pay all fees promptly but let the Club know if you have difficulty with any costs

**Review**

Last review: 22/08/2024

Due for review: August 2025

**FOR YOUTH GYMNASTS**

* Keep to the rules and respect fellow gymnasts, coaches and officials.
* Arrive in good time for your class and inform the Club if you are going to be late or absent.
* Wear suitable clothing: girls no low-cut tops and no crop tops; guys wear fitted underwear under shorts. No hoods, ornamented tops, zips, buckles or jeans etc.
* Tie back long hair and use soft bobbles and hair bands.
* Remove ALL body jewellery and inform the coach if an item cannot be removed; this is for your safety.
* Turn off your mobile phone.
* Do not smoke, consume alcohol or take drugs of any kind before training, whilst training or when representing the Club at events.
* Do not eat or chew gum during your class.
* Treat all equipment with respect.
* Bring water or a still drink in a plastic/metal bottle.
* Tell the coach about any illness or injury before the warm up starts.
* Do not use bad language: swearing, name calling or discriminatory remarks will not be tolerated.
* Always ask/tell your coach before leaving the hall for any reason.
* Stay in the hall at the end of your class until you are picked up by your parent/guardian unless you have given the Club written parental/guardian consent to travel independently.

**FOR YOUNG GYMNASTS**

* Be ready on time for your class; go to the toilet before your class starts.
* Wait in the hall for someone to pick you up after your class.
* Tell a coach if you do not feel well or have hurt yourself.
* Wear suitable clothes – no crop tops, hoods or ornamented clothes, no zips or buckles.
* Tie up long hair with soft bobbles and hair bands; do not wear any jewellery.
* Treat all the equipment with care; do not scratch or mark it on purpose; it is very expensive!
* Show respect to other gymnasts and coaches or officials; bullying behaviour, rudeness or discrimination of any sort is not acceptable.
* Try to get along with other gymnasts; name calling or any kind of nastiness is not allowed.
* Always tell a coach, the Welfare Officer or your family if someone is being nasty to you, at the Club or anywhere else.
* Be sensible when using the toilets; only ask to go to the toilet if you really need to, not because your friend is going.
* Do not eat or chew gum during your class.
* Do not use bad language.
* Enjoy your gymnastics: keep trying at things you find difficult and show support to others who may not be as good as you

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**FOR COACHES AND VOLUNTEERS**

* Consider the wellbeing and safety of gymnasts before the development of performance: the wellbeing and safety of all Club members is paramount.
* Develop an appropriate working relationship with gymnasts based on mutual trust and respect.
* Hold the appropriate, valid qualifications and insurance cover and do not exceed your qualification skills.
* Attend appropriate, updated training to ensure that roles are up to date with policies and procedures.
* Make sure activities are appropriate to the age, ability and experience of those taking part.
* Ensure gymnasts are suitably prepared mentally and physically when learning new skills.
* Display consistently high standards of behaviour and appearance, dressing and behaving suitably and not using inappropriate language whilst involved in Club activities.
* Conform to the expected standards of behaviour including equality, etiquette and good manners as specified in BG regulations or policies or in accordance with the accepted traditions of gymnastics.
* Never consume alcohol, drugs or smoke immediately before or during training or events or when responsible for gymnasts at any time.
* Obtain prior agreement from the parent/guardian of a gymnast before transporting them anywhere and inform the Welfare Officer of the arrangement.
* Never have gymnasts to stay overnight at your home or take them out socially.
* Never exert undue influence over gymnasts to obtain personal reward, benefit or kudos.
* Do not abuse or misuse any relationship of trust or position of power or influence.
* Be aware of and report any potential or actual conflicts of interest as soon as they arise.
* Respect the rights, dignity and worth of every person within or associated with the Club.
* Treat everyone equally regardless of age, disability/ability, gender/gender reassignment, pregnancy or maternity, marriage or civil partnership, race, religion or belief, sexual orientation or economic status.
* Always report any incident, accident or disclosure immediately to the Club’s Welfare Officer or by following the guidelines in the BG Safeguarding and Protecting Children Policy.
* Never condone rule violations or the use of prohibited substances.
* Make sure confidential information is not divulged except with the explicit consent of the individual concerned or to the appropriate person(s) only on a ‘need to know’ basis.
* Promote the positive aspects of the sport e.g. keeping fit, fair play.
* Encourage gymnasts to value their efforts and performances, not just results.
* Endeavour to establish and maintain good working relationships with the Arena and Tigers’ Trust facility staff.
* Become familiar with and follow all guidelines laid down by British Gymnastics and West Hull Gymnastics Club.

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